## **Are You Pregnant?**



Cytotec (misoprostal) is a drug approved by the Food and Drug Administration

(FDA) for the treatment of peptic ulcers.

A side effect of Cytotec is that it causes uterine contractions. Because of this, many obstetricians and gynecologists use Cytotec for labor induction and cervical ripening.

"A major adverse effect of the obstetrical use of Cytotec is hyperstimulation of the uterus which may progress to uterine tetany with marked impairment of uteroplacental blood flow, uterine rupture (requiring surgical repair, hysterectomy, and/or salpingo-oopherectomy), or amniotic fluid embolism. Pelvic pain, retained placenta, severe genital bleeding, shock, fetal bradycardia, and fetal and maternal death have been reported."

...FDA Publication on Cytotec

Many doctors do not tell their pregnant patients that they plan to use the drug Cytotec for cervical ripening and/or labor induction.

## **Andrew's Story**

Andrew was a perfectly healthy baby when his mother entered the hospital, February 1, 2005, to deliver him. Andrew's mother was given Cytotec to induce her labor. The attending physician did not tell Andrew's mother that using this drug was controversial or that the drug could precipitate events that could result in Andrew's death.

Because Andrew's mother trusted her doctor and the hospital nurses, she took the drug, never realizing what could happen to her or to Andrew.

Before long, her contractions became very strong. Her placenta separated from the uterus, depriving Andrew of oxygen. Carbon monoxide and acid levels rose to life threatening levels in Andrew's blood. The doctor performed an emergency C-section, but it was too late to save Andrew.

Andrew was born with no brain activity. For seven days, he existed on life support. On the seventh day of Andrew's life, his parents made the heartbreaking decision to remove him from life support.

On February 9, 2005, surrounded by his loving family, Andrew died in his parents' arms.



## **Protecting Yourself**

If you are pregnant, you need to know about this drug before you enter the hospital to deliver your baby.

There is a great deal of information on the Internet, both for and against the use of Cytotec. Research this information and decide, in advance, if you want to be given Cytotec for cervical ripening and/or labor induction.

If you do not want to receive this drug, you need to tell your doctor. You also need to notify the hospital that you do not want to receive Cytotec.

You should put this information in writing. Below is a sample notice.

## **NOTICE**

This is to notify you that I **do not** want to be given the drug Cytotec (misoprostal) for cervical ripening an/or for labor induction.

(Sign your name here)

Date

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